

Name: \_\_\_\_\_

Total Points: \_\_\_\_\_

Week beginning \_\_\_\_\_ (Sat)  
Week ending \_\_\_\_\_ (Fri)

## Basic Five Weekly Check List

1.) Listen to one audio per day: (1pt per day, max points 5)

Sat \_\_\_ Sun \_\_\_ Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_

2.) Read 20-30 min. per day: (1pt per day, max points 5)

Sat \_\_\_ Sun \_\_\_ Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_

3.) Read goal statement 2 x's per day: (1pt per day, max points 5)

Sat \_\_\_ Sun \_\_\_ Mon \_\_\_ Tues \_\_\_ Wed \_\_\_ Thurs \_\_\_ Fri \_\_\_

4.) Sell 1 product per week to a new customer: (5 points)

Name: \_\_\_\_\_ Date: \_\_\_ - \_\_\_ - \_\_\_ Product(s) \_\_\_\_\_

Order from one partner store on shop.com: (bonus)

Name of partner store: \_\_\_\_\_ Date: \_\_\_ - \_\_\_ - \_\_\_

5.) Show the plan to one personal prospect per week: (5 points)

Name: \_\_\_\_\_ Next Step: \_\_\_\_\_

6.) Follow up 1 time per week: (5 points)

Name: \_\_\_\_\_ Next Step: \_\_\_\_\_

7.) Attend 1-2 meetings per week: (5 points)

Date: \_\_\_ - \_\_\_ Location: \_\_\_\_\_ Meeting Type: \_\_\_\_\_

Date: \_\_\_ - \_\_\_ Location: \_\_\_\_\_ Meeting Type: \_\_\_\_\_

8.) Positive out loud verbal projections 50-100x's per day: (1pt per day, max points 5)

Weekly Volume Generated:  BV  IBV (customer and personal orders)

Business "high":

Business "low":

Goal for next week:

Bonus (tickets sold, NMTSS and SABP bonus achieved, call workshops etc):

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
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